COVID-19 Guidelines for Safe Community Gardening

Feeding Laramie Valley, Katie A. Case



In these challenging times, Feeding Laramie Valley asks that everyone take extra safety precautions to protect themselves and others this growing season. As the virus can live for hours or days depending on a surface's material, there are some new guidelines we would like all plot stewards to follow to keep everyone safe.

7 AM - 8:30 AM High-risk and Elders Only Hours

• In order to protect those who are in high-risk categories, the gardens will be closed to general use everyday between the hours of 7:00 AM - 8:30 AM for those gardeners who are elders or high-risk.

Social Distancing and Other Procedures

- If you are sick, please stay home. If you need help tending to your garden while you are sick, contact us so our team can make arrangements to help with watering and weeding until you are feeling better.
- Until further notice, please wear a mask while out in public spaces if others are present.
- Maintain at least 6 ft. between yourself and others.
- Cough or sneeze into your sleeve or a tissue that fully and tightly covers your mouth.

Gloves

- Please bring your own gloves with you and put them on before entering the garden. While gloves do not replace proper sanitation procedures they do protect you and others from any virus that may be on your hands or on the various surfaces within the garden. Please note, the outside of your glove can transmit diseases from one surface to another, including transmitting the disease to yourself and others, so please be sure to remove your gloves after you have exited the garden.
- Please dispose of disposable gloves in a trash bag or garbage can before touching anything else outside of the garden. For reusable gardening gloves, remove them and place them in a sealed plastic bag until they can be taken home to be washed and/or sanitized.

Tools

- To help stop the spread of germs, the community tool shed will be closed for the foreseeable future.
- Please bring and pack out your own gardening tools. No tools should be left in the garden.
- If you need tools please contact the Community Garden Coordinator, Katie Case, for arrangements.

If you have any questions or concerns about these new guidelines or anything else, please contact Katie at 858 252 8774 or by email at <u>katherine@feedinglaramievalley.org</u>. Wishing you all a wonderful and safe growing season this year!